

Date: 23.12.2019

The Honorable Secretary
Health Department
Government of Sindh
Karachi

Subject: Recommendation/suggestions for the Health Department to enhance the services of Mental Health in light of ever increasing need, resulting in extreme situations like mental illness and suicide

Dear Sir,

Being a practicing psychiatrist for over two decades and a political person myself, I am aware of the scanty mental health services available in our existing public sector health system.

Taking advantage of our meeting, I would like to bring few things on your notice and record for your consideration and support.

PC-1 for construction of state of art building for Sir Cowasjee Jahangir Institute of Psychiatry already prepared on the instruction of C.S since 2 months and submitted to health department, which may be forwarded at the earliest as directed by C.S in the meeting.

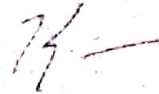
Every district hospital may have the facility for the mental health services, but to start with at least every division must have a psychiatry ward with all its minimal requirements like 3 Divisions of Sindh i.e. Sukkur, Nawabshah (Banazirabad), Mirpurkhas have no psychiatric wards. Department and concerned persons may be given the instructions for the same and all kind of support may be provided.

In our province 18-20 districts do not have the psychiatrist, psychologist should also be placed as part of his or her team, so as per the requirement department may be asked to fill all the vacant positions of the psychiatrist through SPSC and accordingly new positions may be created for both psychiatrist and psychologist.

New ward for women is already ready in Sir Cowasjee Jahangir Institute of Psychiatry, money for furniture may be release as soon as discussed in C.S meeting. Copy Attached.

These things will have good effect on the people of province.

Yours Sincerely



(Senator Dr. Karim Ahmed Khawaja)
Chairman
Sindh Mental Health Authority